

WALK *How to prevent your pup from pulling when on a harness*

THIS WAY



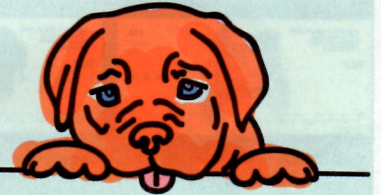
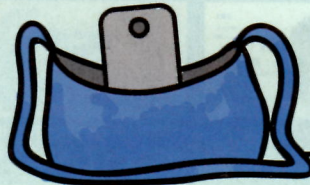
What you'll need:

- A harness
- A leash (a retractable leash is not recommended for training)
- Treats



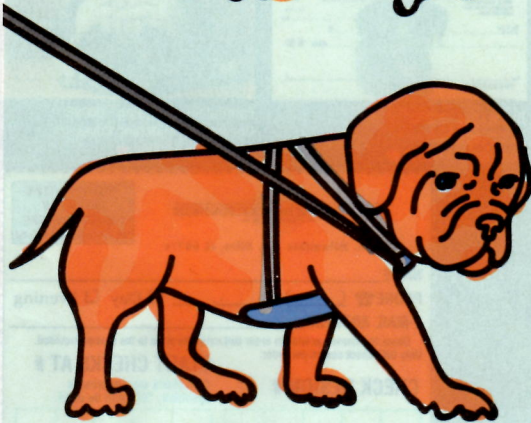
Step 1

Introduce your puppy to the harness while at home, offering treats so that he associates wearing it with a yummy snack.



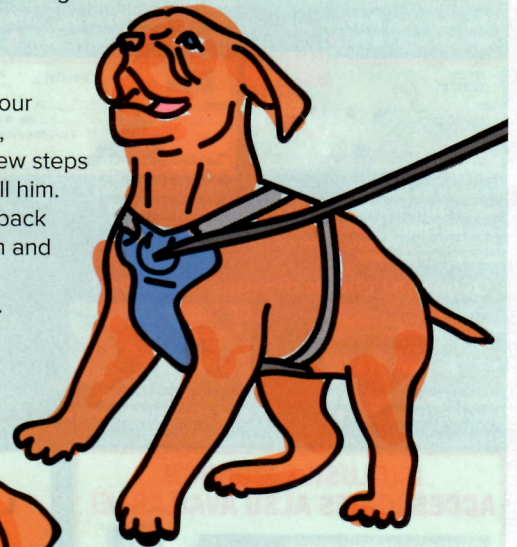
Step 2

Put your phone in your purse or pocket. This training requires a watchful eye and consistent praise and cannot be done while texting or emailing.



Step 4

Start walking. If your dog walks ahead, stop and take a few steps backward and call him. When he comes back to you, praise him and offer treats, then continue forward.



Step 3

Attach a leash to the harness and take your dog outside. Stand still and let him recognize the feel of the leash pulling. Call him back to you and offer a treat when he obliges.



Step 5

Once your puppy realizes that pulling ahead will only stop his forward momentum, he should start walking next to you. Continue offering praise and treats as he stays next you, gradually increasing the steps between treating.

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